



EAT YOUR BEST.  
LESS SALT.  
MORE PLANTS.

# CARROT & GINGER VINAIGRETTE

## INGREDIENTS

- 1 cup shredded carrots
- 1" peeled ginger, chopped
- 3 tbsp rice vinegar
- 1 tbsp honey
- 2 tsp white miso paste
- 1/4 cup olive oil
- Kosher salt (optional)

## METHOD

- 1** Blend all ingredients together until the dressing is smooth except oil. Add oil last, pouring in slowly while blender is on.
- 2** Taste the dressing before adding any salt. Add a little at a time if needed, tasting before adding more.

\*Serving Size 30g

[Return to Table of Contents](#) 19

**NUTRITION FACTS:**    **Calories 90**    **Total Fat 9g**    **Sodium 55mg**    **Fiber 0g**    **Protein 0g**