



EAT YOUR BEST.
LESS SALT.
MORE PLANTS.

TAHINI & MISO DRESSING

INGREDIENTS

- 1/3 cup tahini
- 1 tbsp miso paste
- 2 garlic cloves
- 2 tbsp lemon juice
- 1/3 cup water, as needed

METHOD

- 1 Blend all ingredients together until the dressing is smooth, it makes about 1 cup.

*Serving Size 30g (2 tbsp)

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NUTRITION FACTS: Calories 70 Total Fat 6g Sodium 70mg Fiber 1g Protein 2g